

ALDE FACE TREATMENTS

· **Fast and Luminous - 30min 40€**

A quick rejuvenation to awaken your skin and restore your glow. Press pause and prepare to continue your day with a calm attitude and improved mental clarity.

· **Pre Sun Shield - 45min 40€**

Enjoy the sun with this specialized preparation treatment. The power of Vitamin C and E enhance your skins' defense mechanisms for maximum protection and a carefree sun exposure.

· **Calming After Sun - 45min 40€**

A repairing and soothing treatment for sun damaged skin. The restoring properties of Hyalouronic Acid and Aloe Vera promote your skin's healing process, resulting in relief and regained moisture.

· **Anti-age Hydro Alde Facial - 50min 60€**

Empower your skin with moisturizing and nourishing ingredients for a hydrated and plump face. Quench your skin's thirst for nutrients while giving over to a deeply relaxing experience.

ALDE BODY TREATMENTS

· **Quick Delight - 20min 20€**

An invigorating scrub with sea salts and aromatic oils for a silky smooth skin.

· **Spice Up - 30min 30€**

This creamy exfoliation offers you the anti-oxidant action of cinnamon and the nourishing effects of apple extract. It is followed by a short massage with enriched oil, leaving your skin purified and soft.

· **Cool 'n' Smooth - 30min 30€**

A refreshing, toning and hydrating scrub with Pearl and Olive Leaf extracts. The treatment ends with an intensive moisturizing, soothing and emollient cream with Aloe Vera and Panthenol for extra freshness. Feel a pleasant detox sensation and repair of elasticity on your whole body.



ALDE SPA

SPA TREATMENTS


SANTANNA
AN ENORME BEACH RESORT

ALDE SPA MASSAGES

• *Back massage - 30min 40€*

An anti-stress massage that relieves pain from the upper and lower back. A combination of techniques, depending on your individual needs, release tension and offer you a reviving and light feeling.

• *Neck - Face - Scalp massage - 30min 40€*

Feel your thoughts flying away with this highly relaxing massage. By using neck pain releasing manipulations and by stimulating specific pressure points, this massage submerses you in deep serenity.

• *Reflexology Foot massage - 30min 30€*

With origins deep in the ancient years, reflexology balances the whole body through the feet and working up to the knees and calves with Shiatsu inspired movements. Give in to a unique and different therapeutic approach for a featherly light sensation.

• *Aroma Total Body massage - 60min 70€*

Dive in a deep mind and body relaxation, infused by exquisite aromatic essential oils for a regeneration to remember! Indulge yourself and your senses in wellness and delight.

• *Lymphatic Detox massage - 60min 60€*

A special technique for total body detoxification. The lymphatic drainage encourages the proper circulation of cellular waste fluids, decongests water retention and discards toxins, leaving you with an overall sense of lightness.

• *Sports massage - 70min 70€*

The perfect choice for athletes and post-activity soreness. A high pressure massage combined with specified stretches that work deep into the muscles and tissues for a de-stressed body.

• *Prenatal massage - 50min 50€*

At the most sensitive period of a woman's life, comfort and calmness is a priority. Designed for the delicate needs during pregnancy, this massage relieves any discomfort caused by the changes in your body, and relaxes you and your baby.

• *Kid's massage - 40min 40€*

A soft massage suitable for children. It promotes the balance of their energy and a healthy state of mind. The ideal play-break for our little friends.
(Ages 3-14)

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